SATURDAY HIKES  LIVING WITH NATURE AT WINTERGREEN

Our Saturday hikes are designed to help better understand the nature of Wintergreen and surrounding wilderness. Topics range from tree and wildflower identification to geology and wildlife. These special programs are free for Foundation Members, children with Family Memberships, and renters with a valid Family Membership Pass. They are available to non-members for a fee. **ATTENTION:** We are carefully watching the CDC and VDH guidelines. We offer our guided hikes with the following requirements until further notice:

- Participants will drive their own vehicles to the assigned trail head after checking in with the hike leader at the Trillium House parking lot.
- Maintain social distance of 6 feet or greater (family unit exception to this rule as appropriate following VDH guidelines).
- Please stay home if you do not feel well.
- Bring appropriate mask to cover nose and mouth.
- Optional gloves.
- Optional use of safety glasses or regular glasses to use with mask.
- Please bring your own hand sanitizer and use where appropriate.

We are committed to protecting you, our members as well as the guests that join us. In the meantime, follow us on Facebook, Instagram and check our website for updates.

**January 13, 9am-1pm**

*View from Cooper’s Whole Hike*

Join Josh Palumbo as we hike north on the Appalachian Trail to the overlook known to the founders of Wintergreen as Cooper’s Whole. This vantage offers unsurpassed views of Wintergreen and our surrounding mountainside. *The hike is rated difficult. Bring plenty of food and water.* Cost: $6/ Member, $10/Non-member.

**January 15, 7pm-8pm**

*Virtual Winter Lecture Series Part 1: The Birth of the Blue Ridge!*

Join TNFW staff and Virginia’s Department of Geology and Minerals Geologist Lorrie Coiner Skiffington for a “lively” lecture on the geological history of Wintergreen and the region. Lorrie will enlighten us on the significance of the evolution of the region’s narrow passage. There will be an opportunity for questions after the presentation. This lecture is one of four in a series on the origin of Wintergreen and will take place via Zoom. Please include an email address for an invitation to the event. Payment is due at time of registration. Cost: $7/Member, $10/Non-Member.
**January 16, 1pm**

**Living with Nature at Wintergreen**

Join a Foundation Naturalist for an interpretive hike and explore Wintergreen’s natural environment! These hikes are rated moderate to strenuous. Cost: FREE/Member, $8/Non-Member.

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**January 29, 7pm-8pm**

**Virtual Winter Lecture Series Part 2: The Evolution of Blue Ridge’s Ecosystems**

Join Biologist, Chris Ludwig (Coauthor, Flora of Virginia book) for the second presentation in our virtual lecture series – the ecological history of Wintergreen and the region. There will be an opportunity for questions after the presentation. This lecture is one of four in a series on the origin of Wintergreen and will take place via Zoom. Please include an email address for an invitation to the event. Payment is due at time of registration. Cost: $7/Member, $10/Non-Member.

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**February 12, 7pm-8pm**

**Winter Lecture Series Part 3: Early Ecosystems and Historic Cultures**

Archeologist Carole Nash continues the intriguing historical background of Wintergreen through her discovery of a timeline of cultures utilizing the region. There will be an opportunity for questions after the presentation. This lecture is one of four in a series on the origin of Wintergreen and will take place via Zoom. Please include an email address for an invitation to the event. Payment is due at time of registration. Cost: $7/Member, $10/Non-Member.

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**February 13, 1pm**

**Living with Nature at Wintergreen Hikes**

Join a Foundation Naturalist for an interpretive hike and explore Wintergreen’s natural environment! These hikes are rated moderate to strenuous. Cost: FREE/Member, $8/Non-Member.

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**February 18, 10am-2pm**

**Ladies Days Out Hike**

Join Kathie Driscoll for a 3 mile out and back hike will take us along the Lower Shamokin Falls. The hike is rated moderate. We will meet at Trillium House’s parking lot to caravan to trailhead. Bring water, lunch and snack. Wear hiking boots. Payment is due at time of registration. Cost: $3/Member, $5/Non-member.
**February 26 7pm-8pm**

**Winter Lecture Series: From Colonial To Contemporary**

TNFW’s Director Doug Coleman will conclude the series an examination of the influence of European settlers on the region as well as how later settlements have shaped today’s Wintergreen. There will be an opportunity for questions after the presentation. This lecture is one of four in a series on the origin of Wintergreen and will take place via Zoom. Please include an email address for an invitation to the event. Payment is due at time of registration. Cost: $7/Member, $10/Non-Member.

**March 17 9am-3pm**

**Seeking the Summit**

Join Josh Palumbo on a bushwhack to the top of Crawford’s Knob. The winter is the perfect time to explore the wilds of Wintergreen as we seek the summit for a spectacular view of the Rockfish Valley. This hike will traverse a broad swath of the backcountry of Crawford’s Knob, so prepare for off-trail conditions. The hike is rated difficult. Bring plenty of food and water. Payment is due at time of registration. Cost: $8 Member, $12/Non-Member.

**March 25 9am-4pm**

**Seeking the Summit**

Join Kathie Driscoll for the first spring season power hike on the AT at Long Mountain on Route 60. The trail traverses Brown Mountain Creek, offering hikers spectacular views of the pristine stream and historical remnants of settlements at Brown Mountain. We will meet at Long Mountain Wayside for this spectacular but strenuous 8 mile out and back hike. Bring plenty of water, lunch and snack. Payment is due at time of registration. Cost: $6 Member, $10/Non-Member.
We have been watching as more and more members access our programs online. As an environmental organization, we are constantly looking at lessening our footprint. With this mind this will be the last printed calendar sent via USPS. You will find future calendars on our website along with event registrations. If you still prefer to receive a hard copy, please email info@twnf.org with the request and mailing address.