

## SATURDAY HIKES *LIVING WITH NATURE AT WINTERGREEN*

Our Saturday hikes are designed to help better understand the nature of Wintergreen and surrounding wilderness. Topics range from tree and wildflower identification to geology and wildlife. These special programs are free for Foundation Members, children with Family Memberships, and renters with a valid Family Membership Pass. They are available to non-members for a fee. **ATTENTION:** We are carefully watching the guidelines given by Governor Northam and when quarantines are gradually lifted, we will begin to offer our guided hikes with the following guidelines until further notice:

- Participants will drive their own vehicles to the assigned trail head after checking in with the hike leader at the Trillium House parking lot.
- Maintain social distance of 6 feet or greater (family unit exception to this rule as appropriate following VDH guidelines).
- Any person with flu- like symptoms will be excluded from the hike for their own safety and that of others – please stay home if you do not feel well.
- Bring appropriate mask to cover nose and mouth.
- Optional gloves.
- Optional use of safety glasses or regular glasses to use with mask.
- Please bring your own hand sanitizer and use where appropriate.

We are committed to protecting you, our members as well as the guests that join us. In the meantime, follow us on Facebook, Instagram and check our website weekly for new virtual programs.

*October* 1, 10am-1pm

### *Ladies Day Out Hike*

This out and back hike will start on Wintergreen property then north on the Appalachian Trail to Humpback Mountain through a great forest setting. The hike is approximately four miles and rated moderate. Bring water, lunch and snack. Wear hiking boots. Payment is due at time of registration. \$3/Member, \$5/Non-member.

*October* 2, 6pm

### *“From Our Woods to Your Woods” Fall Virtual Symposium*

TNFW’s Wildflower Symposium has been modified this year due COVID-19. Instead of our usual spring weekend event, we will offer a Friday night virtual kick off, that includes a link to a series of prerecorded lectures and “armchair hikes”, daily raffles and a month long access to the lectures. We hope to return to our regular schedule in 2021. *Please register by Friday, September 25.* Payment of \$60 is due at time of registration.

434-325-8169

October 3, 9am-1pm

### *Plant Sale*

Last chance for native plants! The sale will be held at the Nature Foundation's Greenhouse, located ½ mile West of The Ski Barn on Beech Grove Rd/ Rt. 664.

October 3, 10, 17, 24, 31, 10am-noon

### *Living with Nature at Wintergreen Hikes*

Join a Foundation Naturalist for an interpretive hike and explore Wintergreen's natural environment! These hikes are rated moderate to strenuous. Meet at Trillium House parking lot. Payment due before event. FREE/Member, \$8/Non-Member.

October 15, 9:30am-2pm

### *Journey To High Places Power Hike*

We will meet at White Rock Gap parking lot on the Blue Ridge Parkway at milepost 18.5 to hike The Slacks trail to Slacks overlook then to White Rocks Falls trail for a 5.5 mile loop. It is rated a moderate to strenuous hike. Bring water and lunch! Wear hiking shoes/boots. Payment is due at time of registration. \$6/Member, \$10/Non-member.

October 21, 9am-12pm

### *Fall Foliage Hike*

Join Josh Palumbo as he leads a hike into Wintergreen's natural environment to explain the secrets of the fall season. This informative hike is a must for those seeking answers to the why, what, and how of the changing season. The hike is rated as moderate. *Dress appropriately for the weather.* \$6/Members, \$10/Non-Members.

November 7, 14, 21, 28 10am

### *Living with Nature at Wintergreen Hikes*

Join a Foundation Naturalist for an interpretive hike. Explore Wintergreen's natural environment! These hikes are rated moderate. Payment due before event. FREE/Member, \$8/Non-Member.

November 5 10am-2pm

### *Ladies Day Out Hike and Wine*

Join Kathie Driscoll for a fall hike along Fortune Cove's "lower loop" trail in Lovingson, VA. This 3.8 mile hike is rated moderate. *Afterward we'll stop off at Cove Mountain Vineyard for wine tasting. Wear hiking boots, bring water, lunch and money for wine tasting. We will at the trail parking lot. Payment is due at time of registration. \$5/Member, \$8/Non-Member.*

# of Events

**November 14**

## ***Annual Meeting***

Details to be announced.

**November 14, 1pm**

## ***Owner's Orientation***

Nature Foundation Executive Director, Doug Coleman is taking our annual Owner's Orientation outside this year. Spend time in nature learning about what we do for you. You will need to register ahead of time for this event even though it is FREE. It's your chance to hear what the Foundation has been doing and what we have planned. We'll share our latest research projects with you as well as tell you a little about the history of this amazing community we all call home. It's your time to ask your forestry and botany questions or just learn about what's blooming at your Wintergreen house. Due to Covid restrictions, this event will be limited in space and will fill up. We encourage you to sign up early. This event is open to all Wintergreen property owners. *Please register by Wednesday, November 11.*

**November 18 9am-12pm**

## ***Salamander Search***

Join Josh Palumbo on a search for the many salamanders that call Wintergreen home. This easy hike will journey to the wet abodes where these elusive creatures reside. The cool, fall season is an ideal time to search for our slippery friends. *Dress for hiking and the outdoors.* Payment is due at time of registration. \$6/Member, \$10/Non-Member.

**November 19 9am-3pm**

## ***Journey To High Places Power Hike***

Join Kathie Driscoll for a "Challenge Hike" on Wintergreen's trails. It is rated strenuous. Bring plenty of water and lunch! Wear hiking shoes/boots. Payment is due at time of registration. \$6/Member, \$10/Non-Member.

**December 12 1pm**

## ***Living with Nature at Wintergreen Hike***

Join a Foundation Naturalist for an interpretive hike. Explore Wintergreen's natural environment! These hikes are rated moderate. Payment due before event. FREE/Member, \$8/Non-Member.



# Calendar of Events

2020

434-325-8169

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PRSR STD  
U.S. POSTAGE  
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PERMIT NO. 69  
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Address Service Requested



434-325-8169

## Upcoming Events

# Holiday Week Programs

Watch our website,  
[www.tnfw.org](http://www.tnfw.org)  
our Facebook page and  
This Week at Wintergreen  
for details.

