Trillium House.
The location on the mountain for all nature oriented activities is located at the Trillium House. This facility is Wintergreen's forest represents what biologists call an eastern hardwood forest bio-community. It represents a portion of the most unique and diverse plant communities on the mountain. This unique environment at Wintergreen offers each different experience. The trail system, maintained by The Trillium House Nature Foundation, is a part of this natural community.

Wintergreen’s Outdoors
Wintergreen lies in a section of the Blue Ridge called "Old Appalachia" where rock formations were formed approximately 1.1 billion years ago during a collision event called the Allegheny Orogeny. This was accomplished much like pushing the ends of a rag together, producing raised folds in the center. Plant and animal life followed and found their respective niches in this complex system of ridgelines, valleys, and rock faces.

Wintergreen's forest represents what biologists call an eastern hardwood forest bio-community. It represents a portion of the most unique and diverse plant communities on the planet.

Wilds
The Nature Foundation at Wintergreen's headquarters are located at this Trillium House. This facility is the location on the mountain for all nature oriented activities and information about TNF's programs, events, and projects can be found at the Trillium House.

www.tnf.org

Valley Trails
Paw Creek Trail (INSET)
Distance: 0.6 miles
Blaze Color: Blue
Key Feature(s): waterfall, stream, north vs. south slopes
Difficulty Level: EASY
Trail Notes: Access for the trail can either be on White Oak Dr. or Wintergreen Dr. The trail is excellent for finding wildflowers and sunrise hikers. This trail also provides views with a short, hearty hike along forested trails through bracken ferns and trailside Virginia bluebells.

Shamokin Falls Trail (INSET)
Distance: 1.7 miles
Blaze Color: Blue
Key Feature(s): picnic spot, stream, gravel path
Difficulty Level: EASY
Trail Notes: This trail is a Blend of a picnic area and a nature trail. Many unique bird populations call this preserve home, along with a small pond that is an ideal place for bird watching.

DIRECTIONS: From Monticello Drive, take a left onto Snowy Creek Road, a left onto John Campbell, and right onto Bear's Den Trail.

Shamokin Falls Trail
Distance: 0.8 miles
Blaze Color: Red
Key Feature(s): wildflowers, morning birding
Difficulty Level: EASY
Trail Notes: Access for the trail can either be on White Oak Dr. or Wintergreen Dr. The trail is excellent for finding wildflowers and sunrise hikers. This trail also provides views with a short, hearty hike along forested trails through bracken ferns and trailside Virginia bluebells.

DIRECTIONS: From Rt. 151, take a left onto Rt. 751 (Old Blue Ridge Road), trail begins at the end of the road.

Stoney Creek Park (INSET)
Distance: 0.9 miles
Blaze Color: Blue
Key Feature(s): picnic spot, stream, gravel path
Difficulty Level: EASY
Trail Notes: This trail is a Blend of a picnic spot and a nature trail. Many unique bird populations call this preserve home, along with a small pond that is an ideal place for bird watching.

DIRECTIONS: From Monocan Drive, take a right onto Snowy Creek Road, a left onto John Campbell, and right onto Bear's Den Trail.

Allen Creek Nature Preserve (INSET)
Distance: 1.5 miles
Blaze Color: Red
Key Feature(s): stream, waterfall, spring trails, bird watching
Difficulty Level: EASY
Trail Notes: This trail is a Blend of a nature trail and a picnic area. The trail offers many overlooks and views of the rolling landscape.

DIRECTIONS: From Monticello Drive, take a left onto Snowy Creek Road, a left onto John Campbell, and right onto Bear's Den Trail.

Wintergreen Hiking Guide
The Nature Foundation at Wintergreen exists to encourage the understanding, appreciation, and conservation of the natural and cultural resources of the Blue Ridge mountains of Virginia. The Foundation functions as a research and education facility for its members and visitors, and serves as a host site for regional and national conservation efforts.

Blackrock Trail
Distance: 0.8 miles
Blaze Color: Red
Difficulty Level: DIFFICULT
Key Feature(s): waterfall, stream, natural history
Trail Notes: Trail Notes: The trail is named for the rock outcrops on the mountain, including a natural spring, stream, and waterfall. This trail takes the hiker through a beautiful forest setting with views of the mountain range.

Use caution in winter.

Road: 1, Box 770
Roochild, VA 23146
(434) 225-8189
email: info@twnf.org

Devils Knob Trail
Distance: 0.5 miles
Blaze Color: Red
Difficulty Level: EASY TO MODERATE
Key Feature(s): creek, stream, forest
Difficulty Level: EASY
Trail Notes: Trail Notes: This trail is one of the only areas that provides habitat for both early and late blooming wildflowers. This Loop portion (DIFFICULT) of the trail passes through an area of both early and late blooming wildflowers. Use caution in winter.

Highlands Leisure Trail
Distance: 0.6 miles
Blaze Color: Yellow
Difficulty Level: EASY TO MODERATE
Key Feature(s): creek, stream
Use caution in winter.

Hemlock Springs / Loop
Distance: 0.8 miles
Blaze Color: Yellow-Red
Difficulty Level: MODERATE TO DIFFICULT
Key Feature(s): stream, waterfall, streamside
Difficulty Level: MODERATE
Trail Notes: Trail Notes: This trail is one of the early areas that provides habitat for both early and late blooming wildflowers. This Loop portion (DIFFICULT) of the trail provides access to an area of both early and late blooming wildflowers. Use caution in winter.

Hemlock Springs photo by Tom Marker

Impact Hike
HIKING INFORMATION
AT YOUR OWN RISK

Key Hiking Notes
• Do not hike alone.
• Do not underestimate the terrain.
• Carry drinking water and a snack.
• Be aware of wildlife and respect its space.
• Wear proper attire, including footwear.
• Carry a hiking map at all times.
• Stay on marked trails.
• Be aware of your limitations.

Ortention
The trail system at Wintergreen is divided into three types: access trails, perimeter trails, and valley trails. Access trails are blazed in YELLOW, perimeter trails in RED, and valley trails in BLUE. Besides the map and tree blazes, there are signs at intersections with trail name, direction, and blaze color.

EASY: Generally level terrain, all abilities.
MODERATE: Varied terrain, short steep sections.
DIFFICULT: Steep sections, experienced hikers only.

Use caution in winter.

Hemlock Springs photo by Tom Marker

Devils Knob Trail
Distance: 0.6 miles
Blaze Color: Red-Yellow
Difficulty Level: MODERATE TO DIFFICULT
Key Feature(s): cascade, scenic overlooks
Use caution in winter.

Fortunes Ridge Trail
Distance: 1.1 miles
Blaze Color: Blue-Yellow
Difficulty Level: MODERATE TO DIFFICULT
Key Feature(s): forest, streamside, waterfall
Use caution in winter.

Cedar Cliffs Trail
Distance: 0.7 miles
Blaze Color: Yellow
Difficulty Level: MODERATE
Key Feature(s): scenic views, geology
Trail Notes: The trail is named for the rock outcrops on the mountain, including a natural spring, stream, and waterfall. This trail takes the hiker through a beautiful forest setting with views of the mountain range.

Use caution in winter.

Cedar Cliffs Main Trail
Distance: 0.8 miles
Blaze Color: Yellow
Difficulty Level: MODERATE
Key Feature(s): stream, waterfall, scenic views
Use caution in winter.

Hemlock Springs photo by Tom Marker

Blacks Rocks Trail
Distance: 1.0 mile
Blaze Color: Red and Yellow
Difficulty Level: MODERATE
Key Feature(s): scenic views
Use caution in winter.

Brumstone Trail
Distance: 0.6 miles
Blaze Color: Red
Difficulty Level: MORE DIFFICULT
Key Feature(s): rocky, spectacular views
Trail Notes: The trail is named for the rock outcrops on the mountain, including a natural spring, stream, and waterfall. This trail takes the hiker through a beautiful forest setting with views of the mountain range.

Use caution in winter.